

## Opening Times

With so many people to serve and so much to offer, we try to keep our doors open for as long as possible. With an ever changing timetable of activities and events being hosted all year round, we advise that you get in touch for further details of what's on and when.

## How to Find Us

**By Car:** We are located adjacent to Sir James Smith's Community School on the B3266, just minutes from the A39. To find us by SatNav enter PL32 9UE. There is ample free parking.

**By Bus:** For information, or to check bus routes and timetables please visit [www.travelinesw.com](http://www.travelinesw.com)



## Fees & Charges

### Swimming Pool (Prices per hour/session)

Adult Swim	£4.00
Junior Swim	£3.00
Pool Fun	£4.20 Adult £3.00 Child
Aquafit, Aqua Rehab & SwimFit	£5.30
Adult Dryside Coached Activities	£4.70
Junior Dryside Coached Activities	£3.60

### Sports Hall Activities (Prices per hour/session)

Adult Pay & Play Activities	£4.20
Junior Pay & Play Activities	£3.00
Sports Hall Hire	£40.00
Badminton Court Hire	£9.80
Equipment Hire	£1.20
Shower (Only)	£2.50
Locker Fees	£0.20

### Fitness Studio (Price per hour/session)

Adult	£5.00
Gym Induction	£15.00
Gold Member Induction	FREE

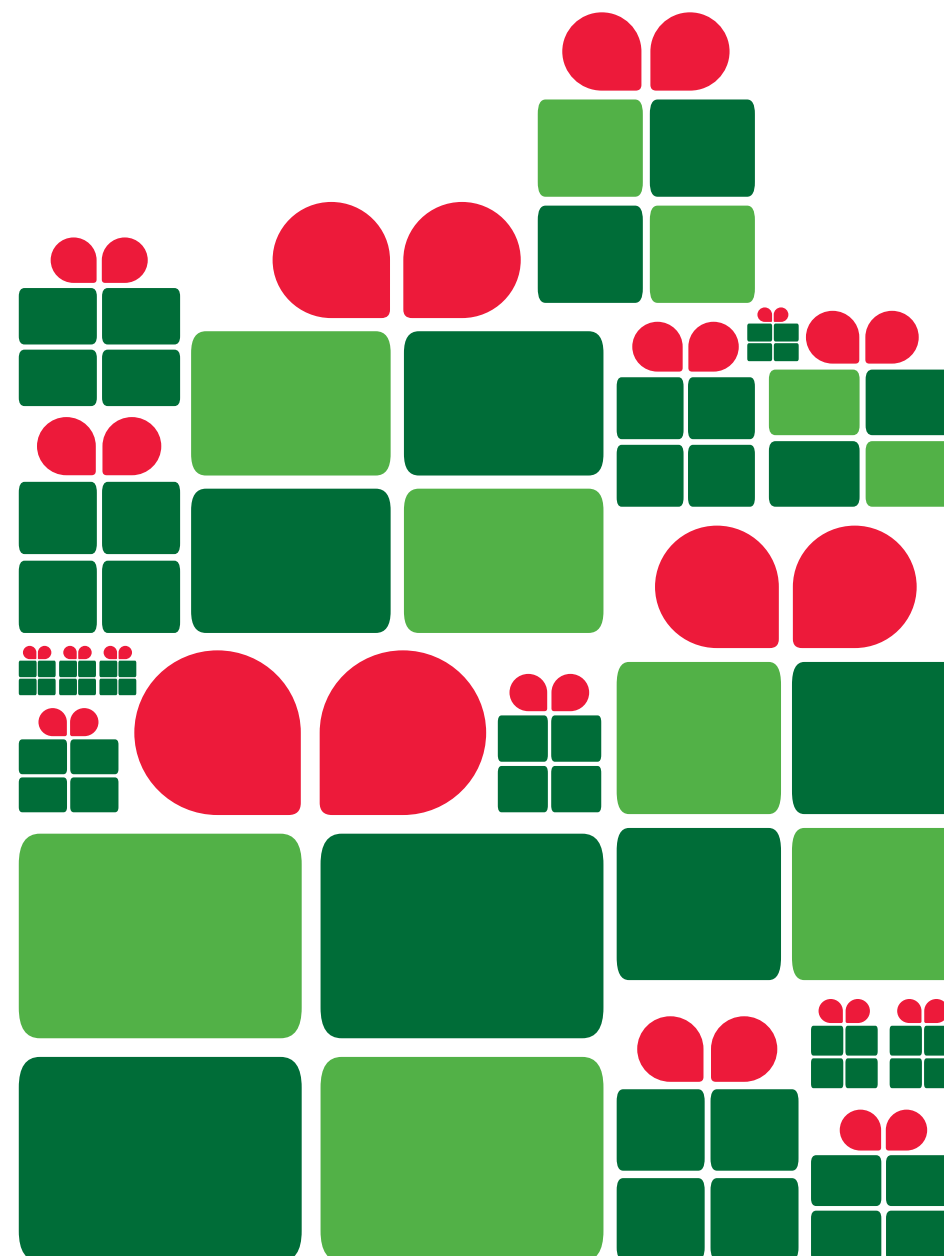
### Membership Prices (Monthly Direct Debit)

Single	£29.00
Couple	£40.00
Single Concession	£20.00
Couple Concession	£30.00
Family up to 4	£45.00
Under 18's	£12.00
One Month Only	+£5.00

# Camelford Leisure Centre Christmas Timetable

24 Dec 2018 - 6 Jan 2019

2018-13



### Camelford Leisure Centre

Station Road, Camelford, Cornwall, PL32 9UE  
T. 01840 213188 / E. [info@camelfordleisurecentre.co.uk](mailto:info@camelfordleisurecentre.co.uk)

**Twitter.** @CamelfordLCntr

**Facebook.** @CamelfordLeisureCentre

[www.camelfordleisurecentre.co.uk](http://www.camelfordleisurecentre.co.uk)

## Christmas Swimming Times

### Christmas Eve

06:30 – 07:00	Members only*+
07:00 – 08:30	Lengths*
08:30 – 09:15	Over 50s*
09:15 – 12:00	Leisure Swim
12:00 – 13:30	Lengths*

### Christmas Day

9:00 – 11:00	Christmas Swim*+
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### Boxing Day

We are closed on Boxing Day!

### Thursday 27th Dec

06:30 – 07:00	Members only*+
07:00 – 08:30	Lengths*
08:30 – 09:15	Over 50's*
09:30 – 10:30	Aqua Rehab
10:45 – 12:00	Leisure Swim*
12:00 – 13:30	Lengths*
13:30 – 14:15	AquaJets
14:30 – 19:00	Leisure Swim*
19:00 – 20:30	Lengths*

### Friday 28th Dec

06:30 – 07:00	Members only*+
07:00 – 08:30	Lengths*
08:30 – 09:15	Over 50s*
09:30 – 11:00	Leisure Swim*
11:00 – 12:00	Parent & Baby
12:00 – 13:30	Lengths*
13:45 – 15:15	Pool Fun
15:30 – 18:00	Leisure Swim*

### Saturday 29th Dec

07:30 – 08:30	Lengths*+
08:30 – 09:15	Over 50's*
09:30 – 12:00	Leisure Swim*
12:00 – 13:45	Lengths*
14:00 – 15:30	Pool Fun

### Sunday 30th Dec

09:00 – 10:00	Lengths*+
10:00 – 11:00	Family Fun Swim
11:00 – 12:00	Leisure Swim*
12:00 – 13:30	Lengths*

## Looking to get fit in the New Year?

All of our fitness classes are delivered by qualified instructors.

Our Fitness Classes include:

#### Circuits

Monday 18:00

#### Pilates

Monday 19:00

#### Junior SwimFit

Tuesday 18:00

#### SwimFit

Tuesday 20:00

#### AquaFit

Monday 18:30 & Friday 10:00

#### Aqua Rehab

Tuesday & Thursday 09:30

#### Core Fitness

Wednesday 18:30

#### Junior KickBoxing

Friday 16:30

#### Adult KickboxFit

Friday 18:00

#fitforlife

### New Years Eve

06:30 – 07:00	Members only*+
07:00 – 08:30	Lengths*
08:30 – 09:15	Over 50s*
09:15 – 12:00	Leisure Swim
12:00 – 13:30	Lengths*

### New Years Day

We are closed on New Years Day

### Wednesday 2nd Jan

06:30 – 07:00	Members Only*+
07:00 – 08:30	Lengths*+
08:30 – 09:15	Over 50s*
09:15 – 11:00	Leisure Swim*
11:00 – 12:00	Kayaking
12:00 – 13:45	Lengths*
14:00 – 15:30	Pool Fun
15:45 – 18:00	Swim School
18:15 – 19:15	Pool Fun
19:30 – 21:00	Lengths*

### Thursday 3rd Jan

06:30 – 07:00	Members only*+
07:00 – 08:30	Lengths*
08:30 – 09:15	Over 50's*
09:30 – 10:30	Aqua Rehab
10:45 – 12:00	Leisure Swim*
12:00 – 13:30	Lengths*
13:30 – 14:15	AquaJets
14:30 – 19:00	Leisure Swim*
19:00 – 21:00	Lengths*

### Friday 4th Jan

06:30 – 07:00	Members Only*+
07:00 – 08:30	Lengths*+
08:30 – 09:15	Over 50s*
09:15 – 11:00	Leisure Swim*
11:00 – 12:00	Parent & Baby
12:00 – 13:30	Lengths*
13:45 – 15:15	Pool Fun
15:30 – 16:30	Leisure Swim*
16:30 – 17:30	Kayaking
18:00 – 19:00	Leisure Swim*

### Saturday 5th Jan

07:30 – 08:30	Lengths*+
08:30 – 09:15	Over 50's*
09:30 – 12:00	Leisure Swim*
12:00 – 13:45	Lengths*
14:00 – 15:30	Pool Fun

### Sunday 6th Jan

09:00 – 10:00	Lengths*+
10:00 – 11:00	Family Fun Swim
12:00 – 13:30	Lengths*
13:30 – 16:00	Leisure Swim*

## Fitness Suite

### Opening Hours

The Fitness Suite will be open during swimming opening hours throughout the Christmas period. Last entry will be 30mins before closing time.

### Inductions

By appointment. Please call for more information.

## Sports Hall

### Availability

The Sports Hall is available for hire during swimming opening hours throughout the Christmas period. Please ask a member of staff for more information.

## Fitness Classes

**Circuits - No class**  
**Pilates - No class**  
**Swim Fit - No class**  
**Core Fit - 2nd Jan 2019**  
**KickBox Fit - 4th Jan 2019**  
**Aqua Rehab - Thursday at 9:30**  
**AquaFit - No classes**

\* These sessions are supervised from reception by a single qualified lifeguard.

\*+No under 16's without adult supervision.

**PLEASE NOTE:** Children under 8yrs must be accompanied by an adult (16yrs+).



We wish you and your family a **Merry Christmas** and a **Happy New Year!**

For up-to-date information about the latest activities, events and opening times, please call in to the centre, telephone 01840 213188 or visit our website at [www.camelfordleisurecentre.co.uk](http://www.camelfordleisurecentre.co.uk)